

Sabbath Marketplace Service

The Image & Likeness of God

Genesis 1:26

November 27th 2021

3 pm to 5 pm

via ZOOM - (cmc777)

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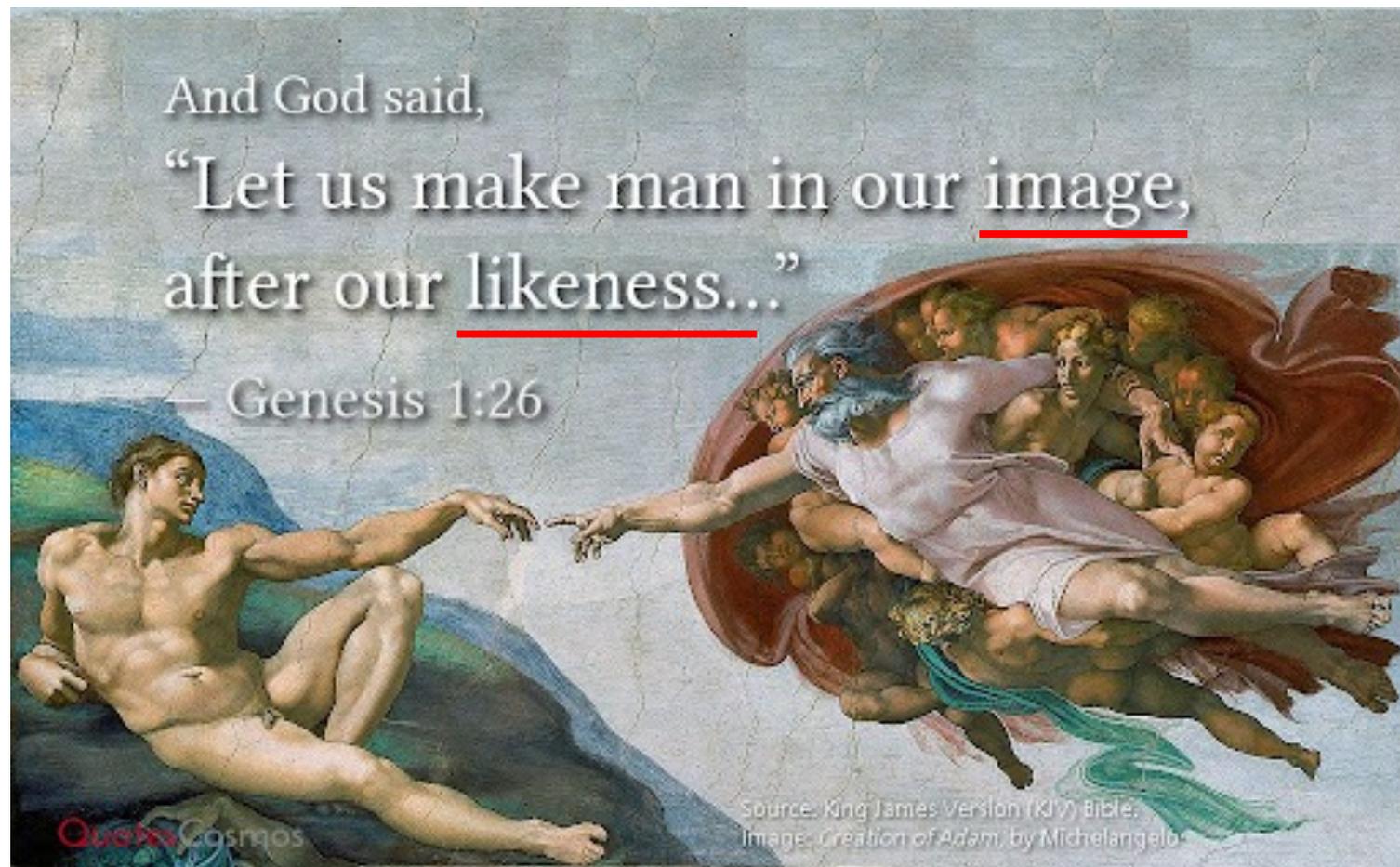


Jehu & Christine

 CITY
MISSIONS
CHURCH

THE CITY CHURCH

²⁶ let them have **dominion** over the fish of the sea, over the birds of the air, and over the cattle, over all the earth and over every creeping thing that creeps on the earth.” – Genesis 1:26b



(1) IMAGE (2) LIKENESS (3) DOMINION



God is Eternal.

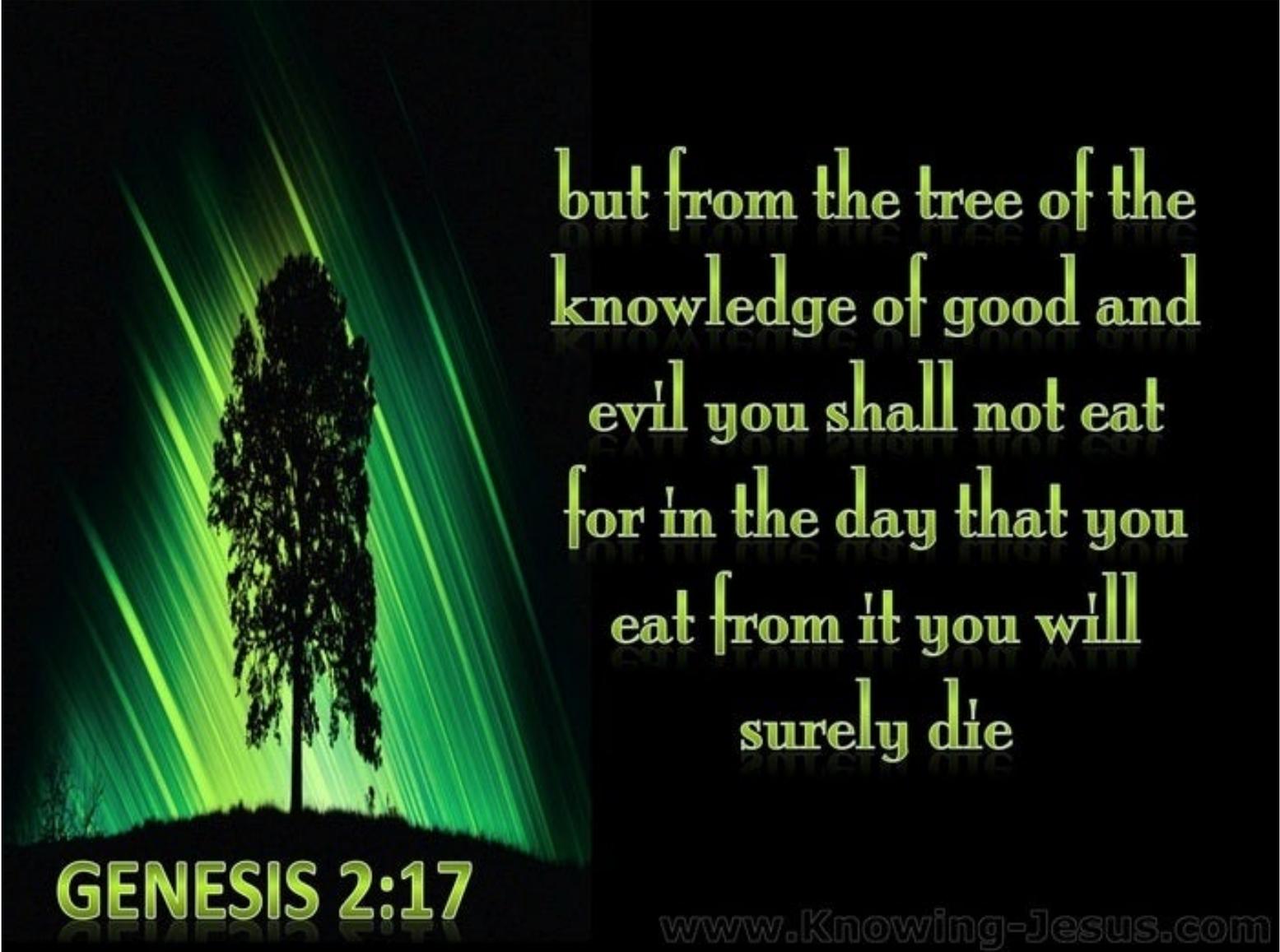
PSALM 90:2

He lives Forever

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Psalm 90:2

Before the mountains were brought forth,
Or ever You had formed the earth and the world,
Even from everlasting to everlasting, You *are* God.

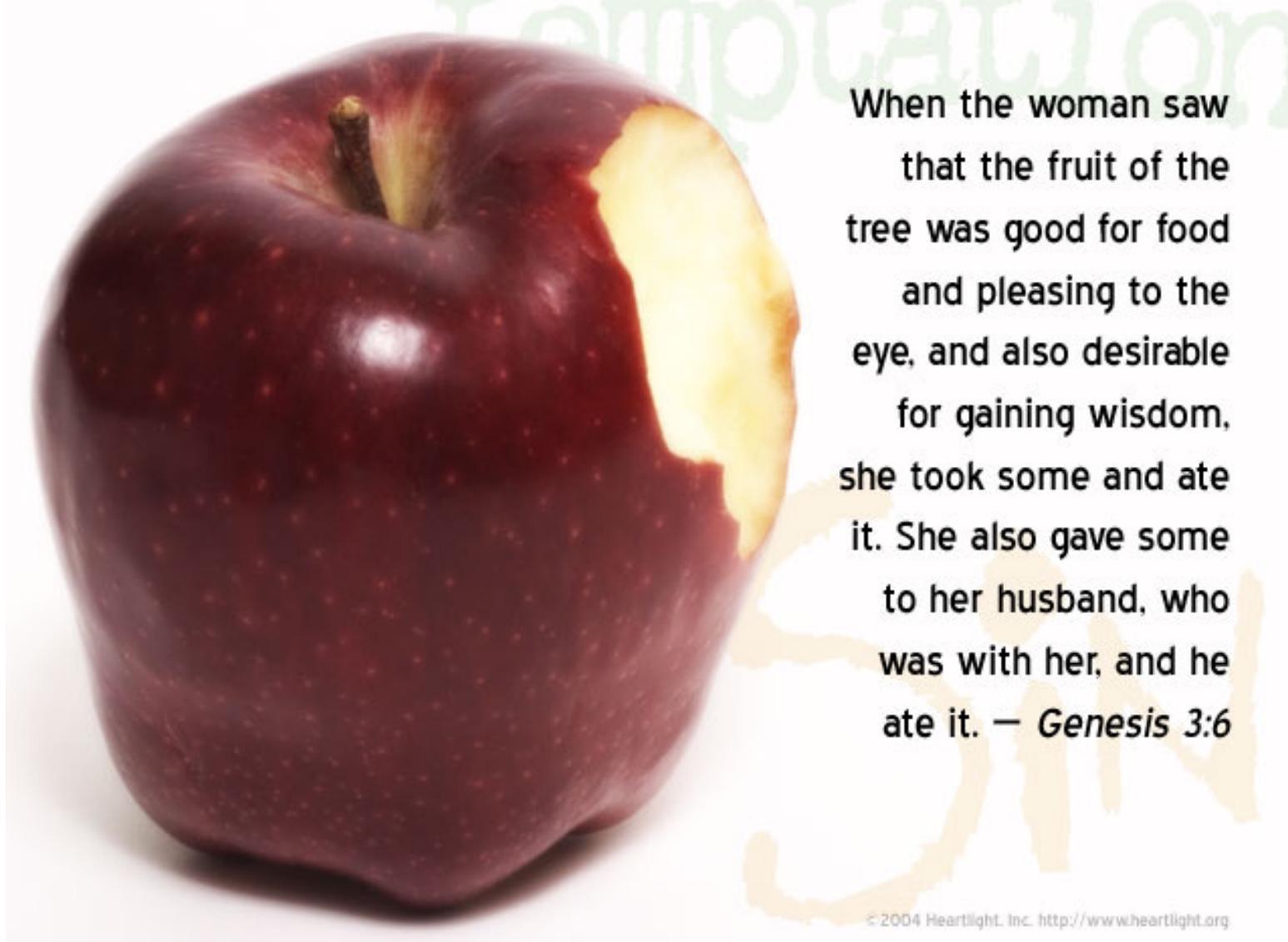
A silhouette of a tree stands on a dark hill against a background of vibrant green light streaks that radiate from behind the tree. The overall scene is set against a black background.

but from the tree of the
knowledge of good and
evil you shall not eat
for in the day that you
eat from it you will
surely die

GENESIS 2:17

www.Knowing-Jesus.com

We are created to enjoy GOD's presence throughout Eternity, BUT...



When the woman saw that the fruit of the tree was good for food and pleasing to the eye, and also desirable for gaining wisdom, she took some and ate it. She also gave some to her husband, who was with her, and he ate it. — *Genesis 3:6*

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Genesis 6:1-2

- **6** Now it came to pass, when men began to multiply on the face of the earth, and daughters were born to them, ² that the sons of God saw the daughters of men, that they *were* beautiful; and they took wives for themselves of all whom they chose.



Genesis 6:3

LIFESPAN on earth limited to 120 Jubilee years → 6000 man-years

And the LORD said, My spirit shall not always strive with man, for that he also is flesh: yet his days shall be an hundred and twenty years.

Declining Age of the Patriarchs

- Adam: 930
- Seth: 912
- Enosh: 905
- Cainan: 845
- Mahalalel: 895
- Jared: 962
- Enoch 365 – was taken
- Methuselah: 969
- Lamech: 777
- Noah: 950

- Shem: 500
- Arphaxad: 403
- Salah: 403
- Eber: 430
- Peleg: 209
- Reu: 207
- Serug: 200
- Nahor: 119
- Terah: 205

Abraham: 175

Isaac: 180

Jacob: 147 (He breathed his last –Gen 49:33)

Joseph: 110

Aaron: 123

Moses: 120 (Deut 34:7)

Joshua: 110 (Judges 24:30)

King David: 70



Moses was
120 years old
when he died.
His **eye** was
undimmed,
and his **vigor**
unabated.

-Deuteronomy 34:7

Or THIS →



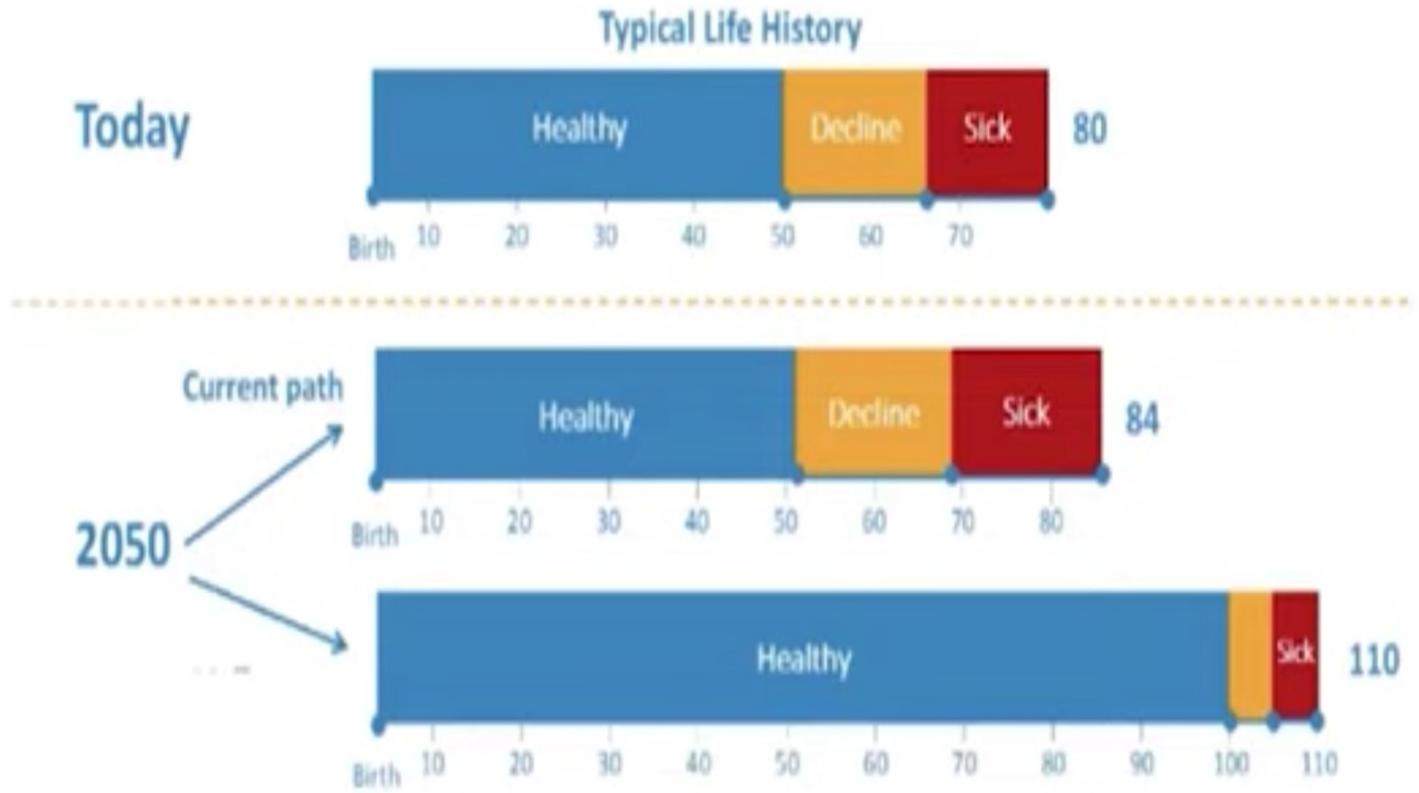


IS THIS POSSIBLE?

Moses was
120 years old
when he died.
His **eye** was
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and his **vigor**
unabated.

-Deuteronomy 34:7

You Want to Live Longer, BUT only with Full functioning bodies



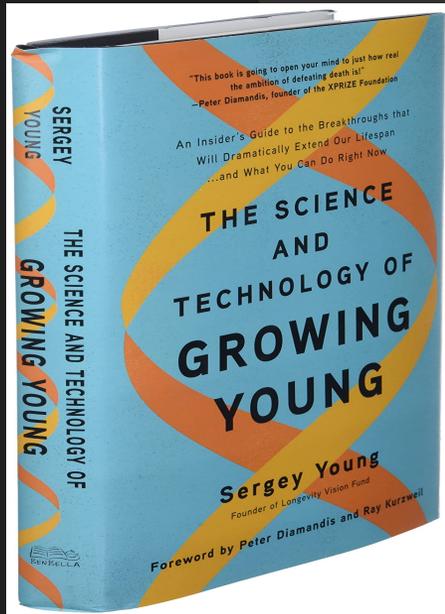
Li Ching-Yeun 256 years-old

- Keep a quiet heart, sit like a tortoise,
- walk sprightly like a pigeon and sleep like a dog.
- — *Li Ching-Yuen*



Born	1736 or 1677 (claimed)
Died	May 6, 1933 Sichuan, Republic of China
Nationality	Chinese
Known for	Extreme longevity claim and spiritual practices by means of herbs
Height	7 ft 0 in (213 cm)

**The Science and Technology
of Growing Young: An
Insider's Guide to the
Breakthroughs that Will
Dramatically Extend Our
Lifespan . . . and What You
Can Do Right Now – August
24, 2021**



- Eat early and less often
 - Caloric restriction (CR)
 - Intermittent fasting, 16:8-hour intermittent fasting regime
 - Eat all your meals within one eight-hour period
 - 10 am to 6 pm and no food but drink water from 6 pm until the next day
- Eat more plants
- Avoid processed foods
- Reduce animal products
 - Include healthy fats like fatty fish, olives, nuts and avocados
- Drink more water
- Supplement your nutrition with NMN to restore body's vital supply of NAD+ for sirtuin repair of DNA

Take on moderate exercise

- Brisk walking improves cardiovascular health
- Need to raise heart rate to about 100-110 beats per minute
- Walk 5,000 to 10,000 steps every day
- Suggest do walking meeting – Steve Job & Mark Zuckerberg
- Walk your dog
- Walk kids to school
- Get a standing desk
- Walk with friends





1
6

Make Sleep Your Superpower

- Less sleep leads to shorter life
- Take at least 7 hours, better with 8 hours
- Take hot baths before sleep helps
- Skip scroll on your phones, read and meditate the Bible verses
- No coffee or alcohol
- Absolute dark room and cool temperature
- Be socially active, serve in church, fellowship with others

Knowledge
Replacing
Faith in GOD

12 “At that time Michael, the great prince who protects your people, will arise. There will be a time of distress such as has not happened from the beginning of nations until then. But at that time your people—**everyone whose name is found written in the book—will be delivered.** ² Multitudes who sleep in the dust of the earth will awake: some **to everlasting life, others to shame and everlasting contempt.** ³ Those who are **wise will shine like the brightness of the heavens, and those who lead many to righteousness, like the stars for ever and ever.** ⁴ But you, Daniel, roll up and seal the words of the scroll until the time of the end. **Many will go here and there to increase knowledge.”** – Daniel 12:1-4

Hold Fast to the Word

⁹ holding fast the faithful word as he has been taught, that he may be able, by sound doctrine, both to exhort and convict those who contradict.”

– 1 Titus 1:9

"Hold firmly to the trustworthy message as it has been taught..."

(Titus 1:9)



TheTeachableHeart.com

INFORMATION THEORY OF AGING

Aging is due to loss of information that governs the function of the gene

Gene is segment of DNA that encodes the information used to make a protein

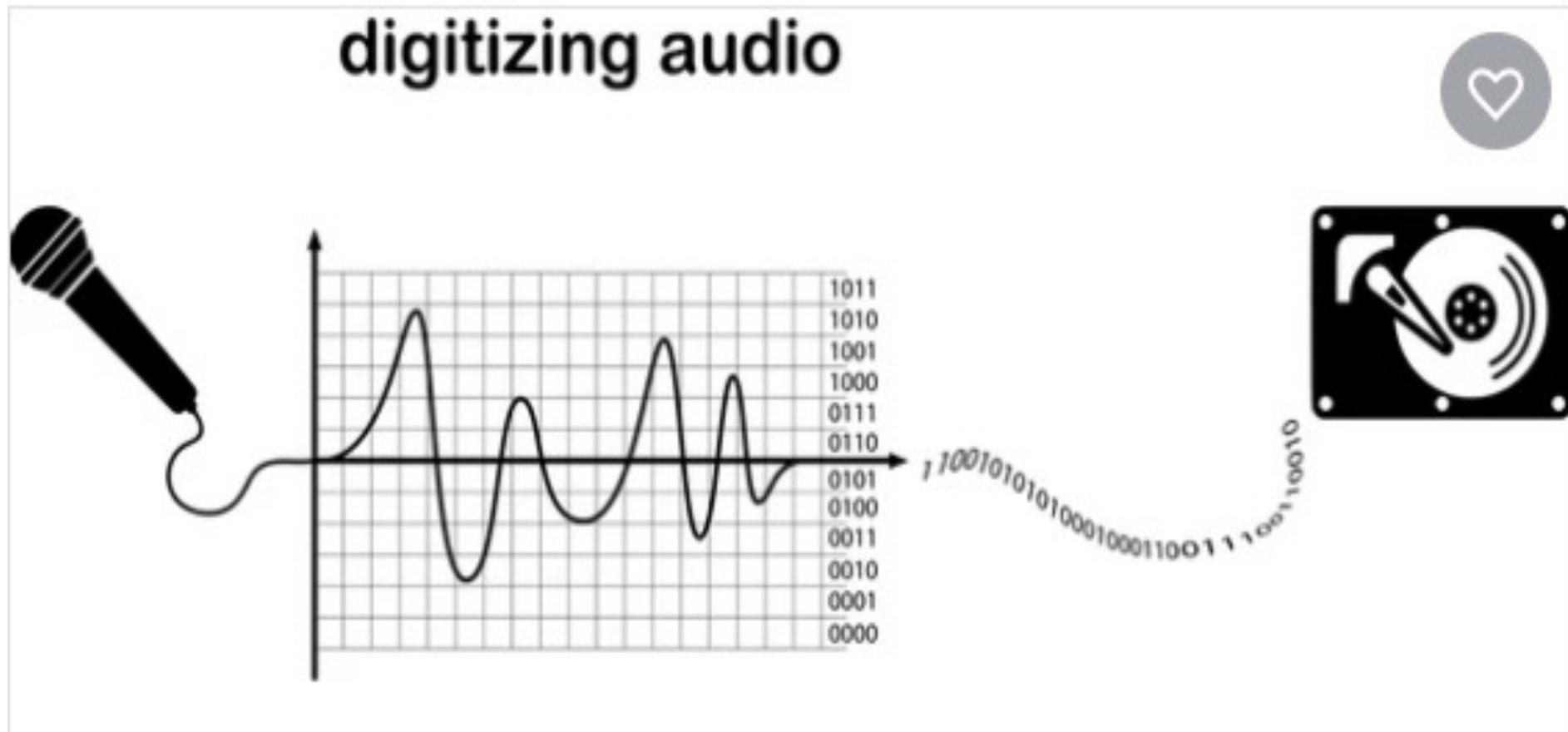
Scientists believe that this loss of info could be recovered, hence prolonging and enhancing life function

Fasting or exercise increases enzymes known as Sirtuin and NAD⁺ levels increase

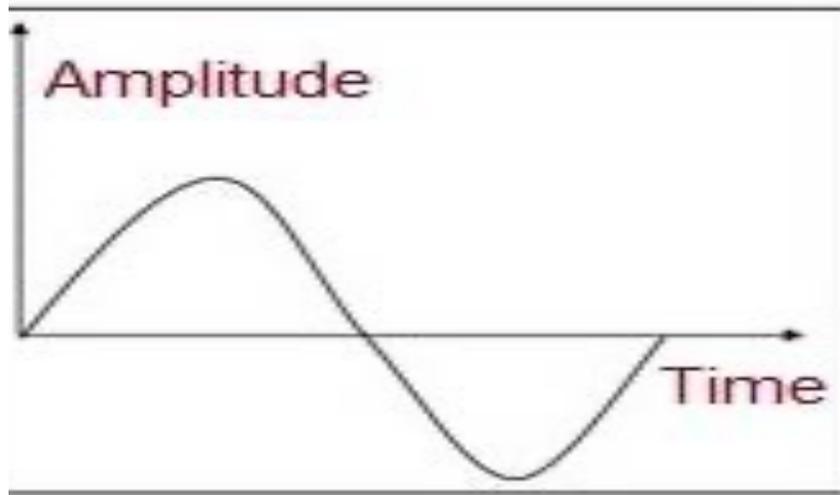
Enzymes (Sirtuin) needs NAD⁺ to function

There are 7 Sirtuins that prolong life, protecting against disease and deterioration

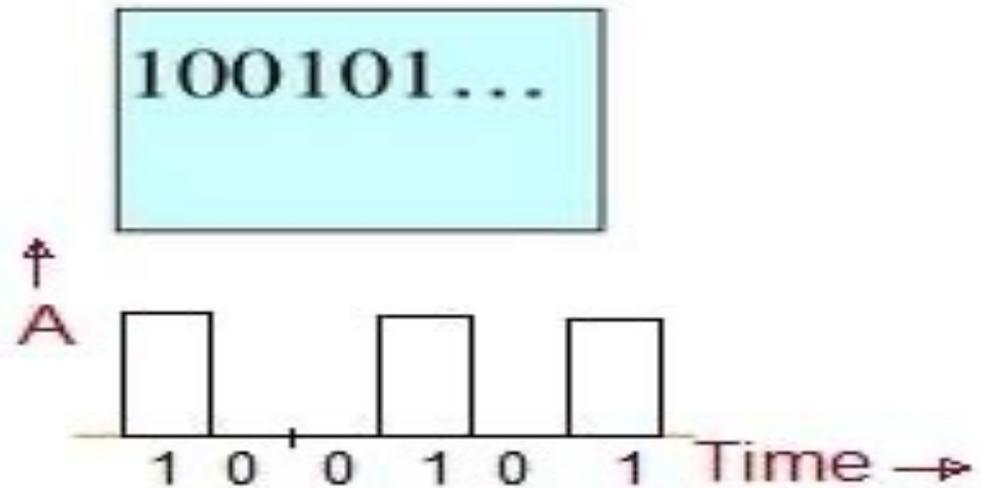
Analogue vs Digital Signals



Analogue vs Digital

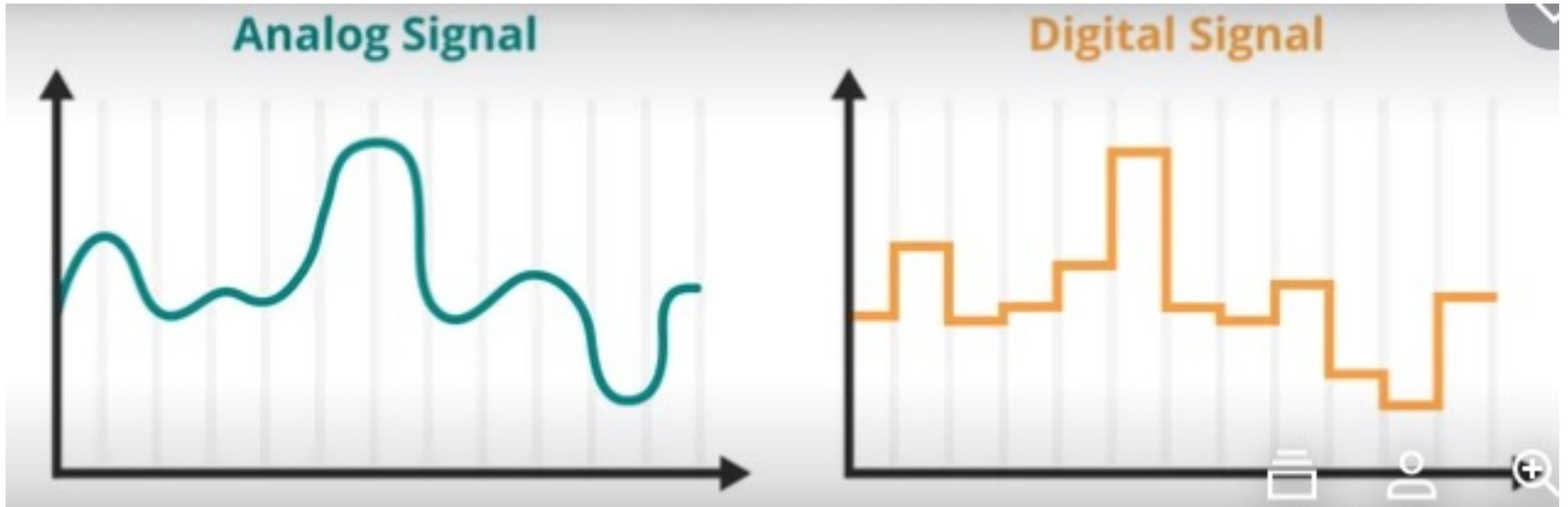


Analog Signal



Digital Signal

Digital Signals comprise "1s" and "0s"



Digital Signals comprise "1s" and "0s"

- Is Binary, meaning in twos, either 1s or 0s or in electrical terms, "on" or "off" signals
- Hence digital signals or records are reproducible accurately
- Analogue signals are like wave forms, frequencies, sound waves and are continuous
- Can be easily distorted by noise and not easily reproducible
- The number of combinations of "1" and "0" is numerous

A microscopic view of several human cells, likely red blood cells, showing their characteristic biconcave disc shape and textured surface. The cells are illuminated with a blue light, creating a glowing effect. In the center, a white rectangular box contains the text "Human Cells".

Human Cells



ANALOGUE – SOUND WAVES

Sugar phosphate backbone

Base pairs

Four Distinct Molecules
G,C,T&A like 4 digits
The number of combination
of now 4 digits is exponential
increase vs just 2 digits as
“0s” and “1s”

Adenine



Thymine

Guanine



Cytosine

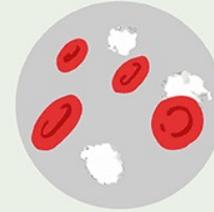
Types of Cells in the Body



Stem Cells



Bone Cells



Blood Cells



Muscle Cells



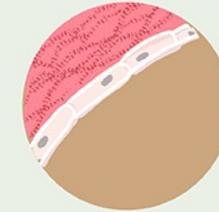
Fat Cells



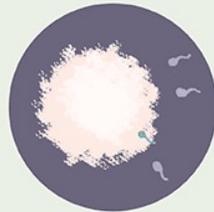
Skin Cells



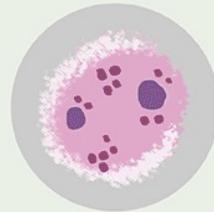
Nerve Cells



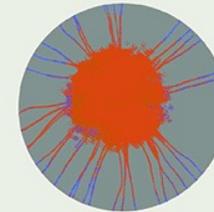
Endothelial Cells



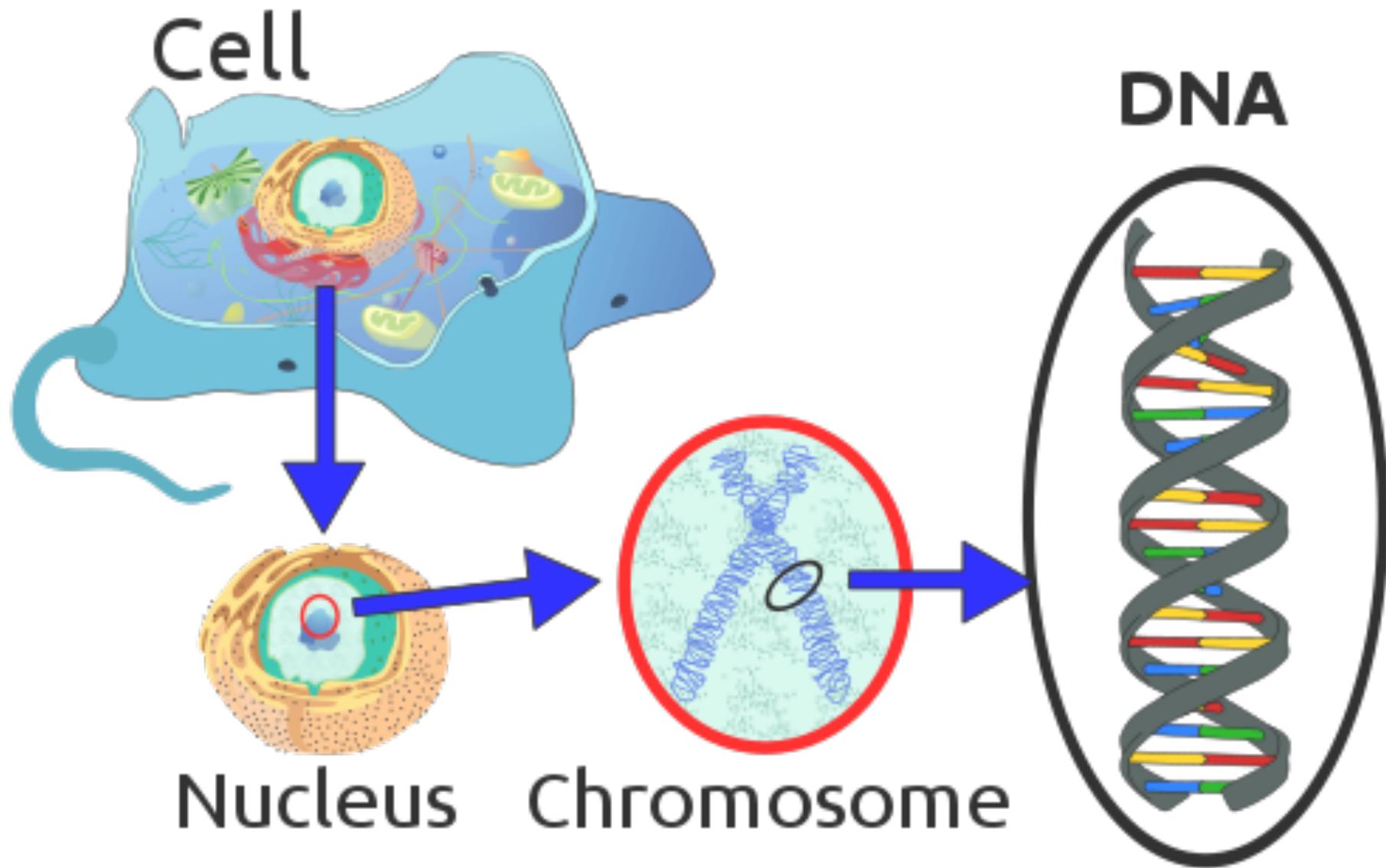
Sex Cells

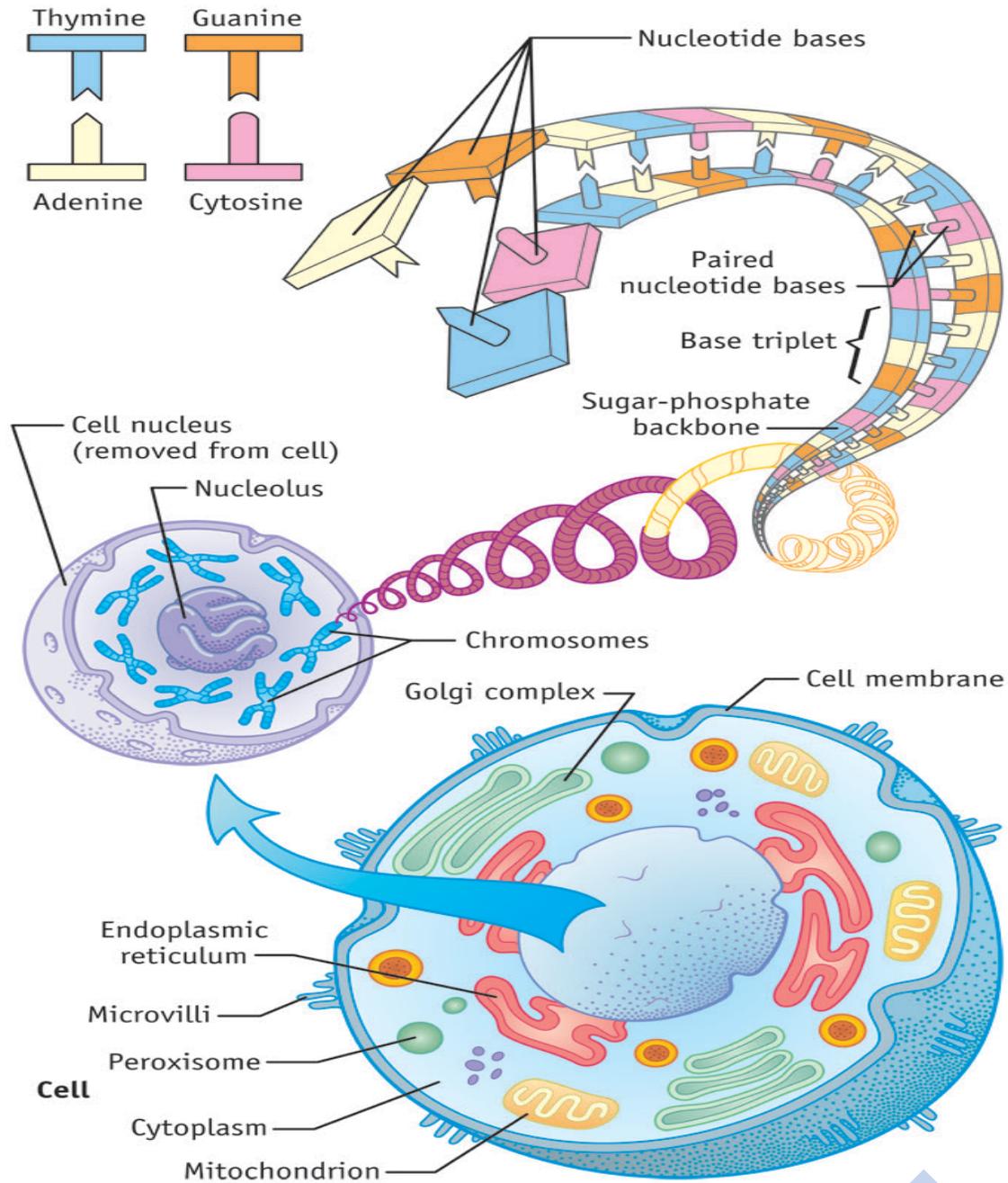


Pancreatic Cells

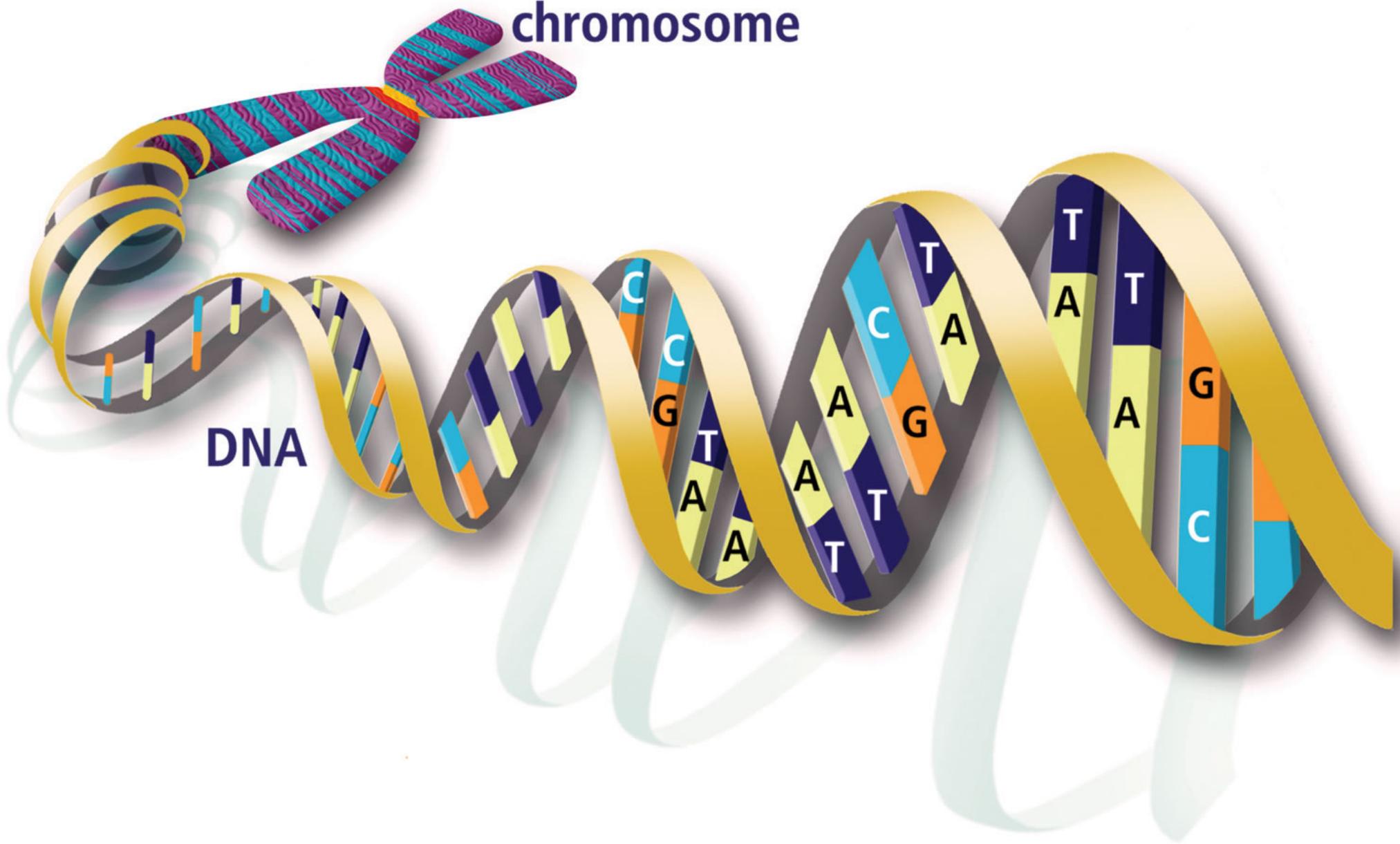


Cancer Cells





chromosome

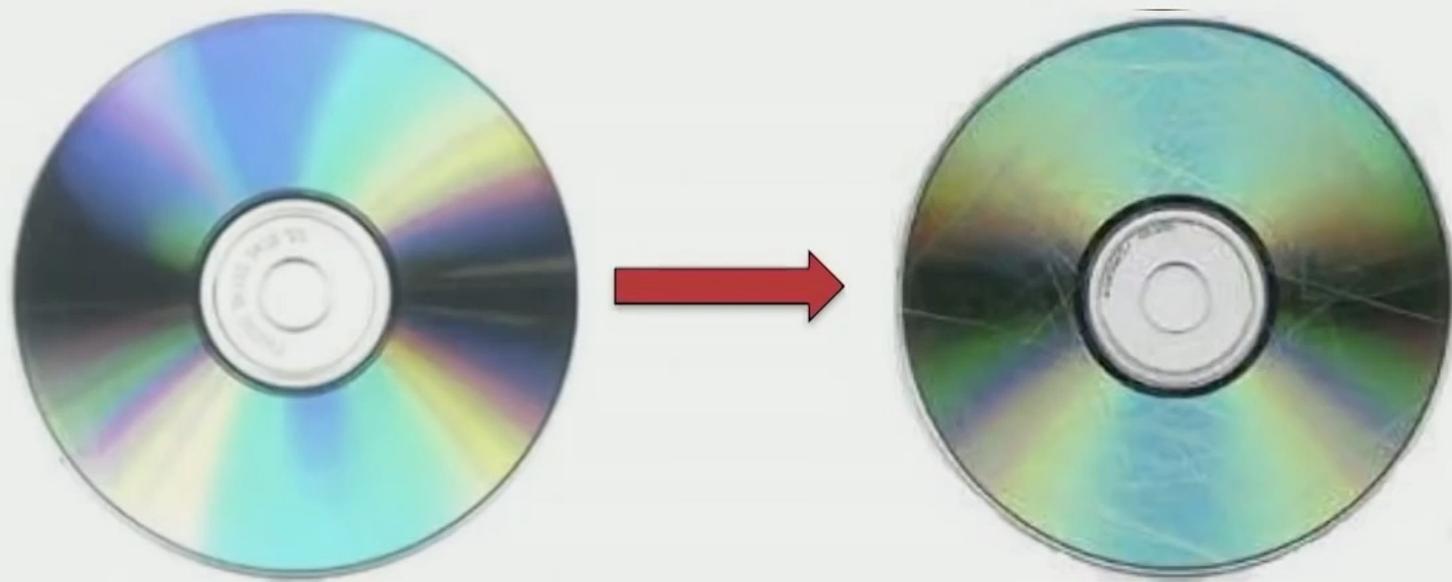


DNA

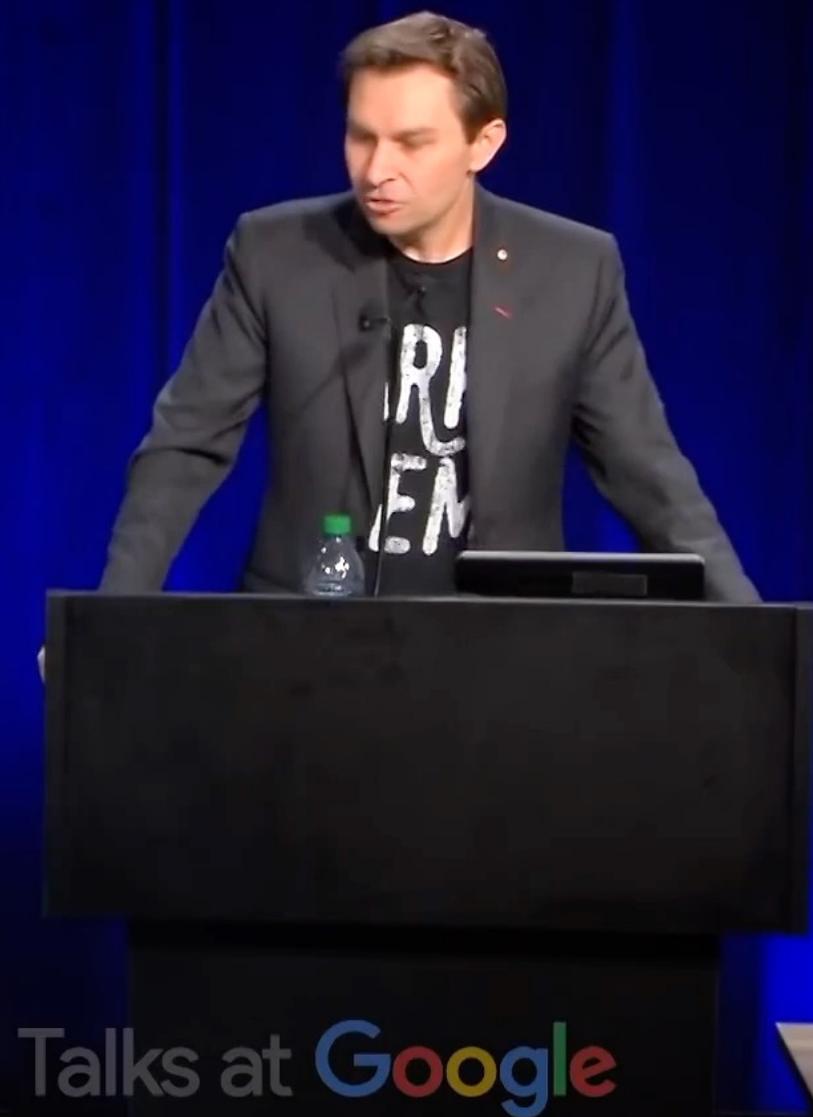
Scratched CD could be Repaired



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Imai and Kitano, Exp. Gerontol., 1998

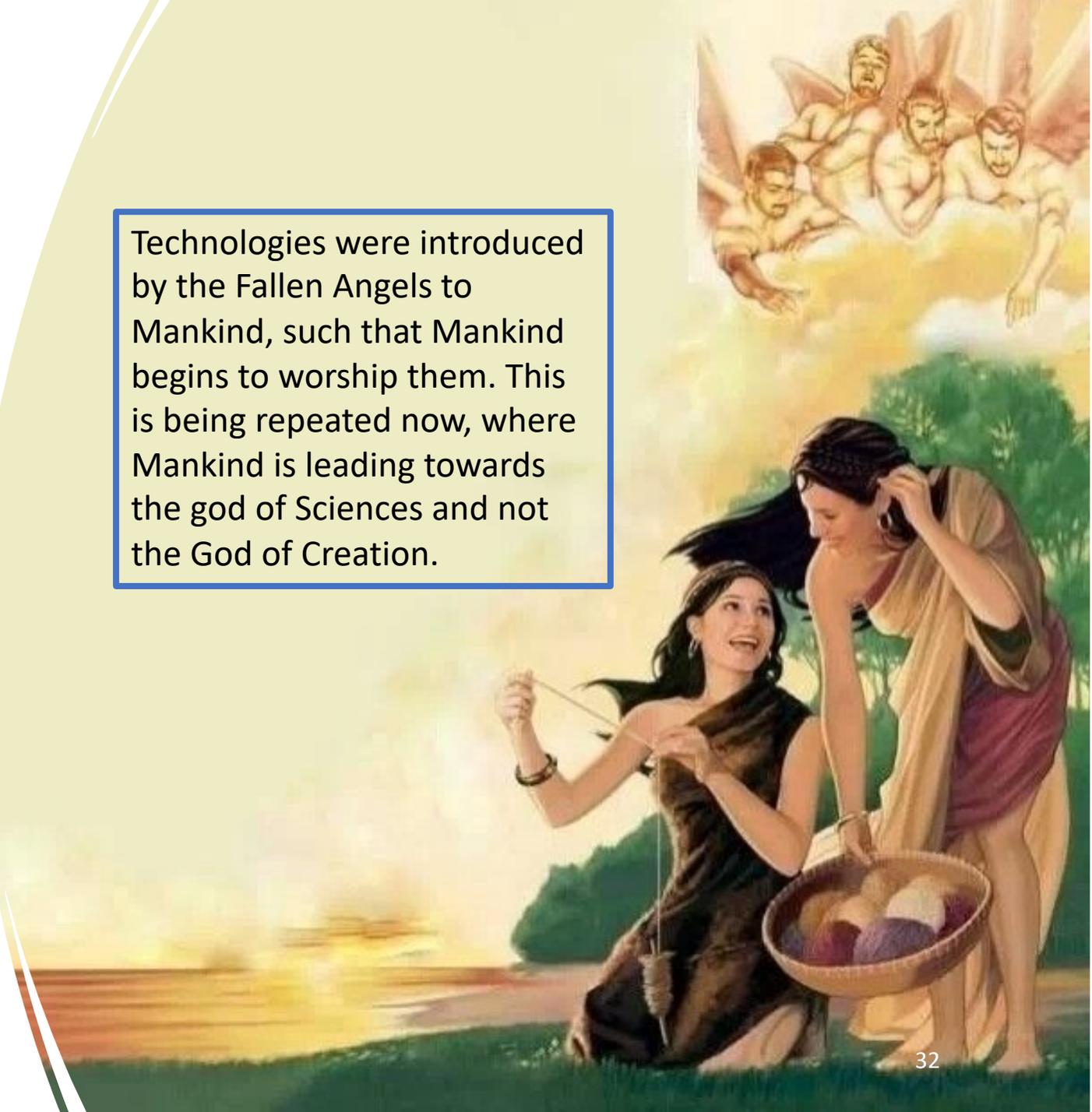


Days of Noah-God's DNA Changed

Genesis 6:1-2

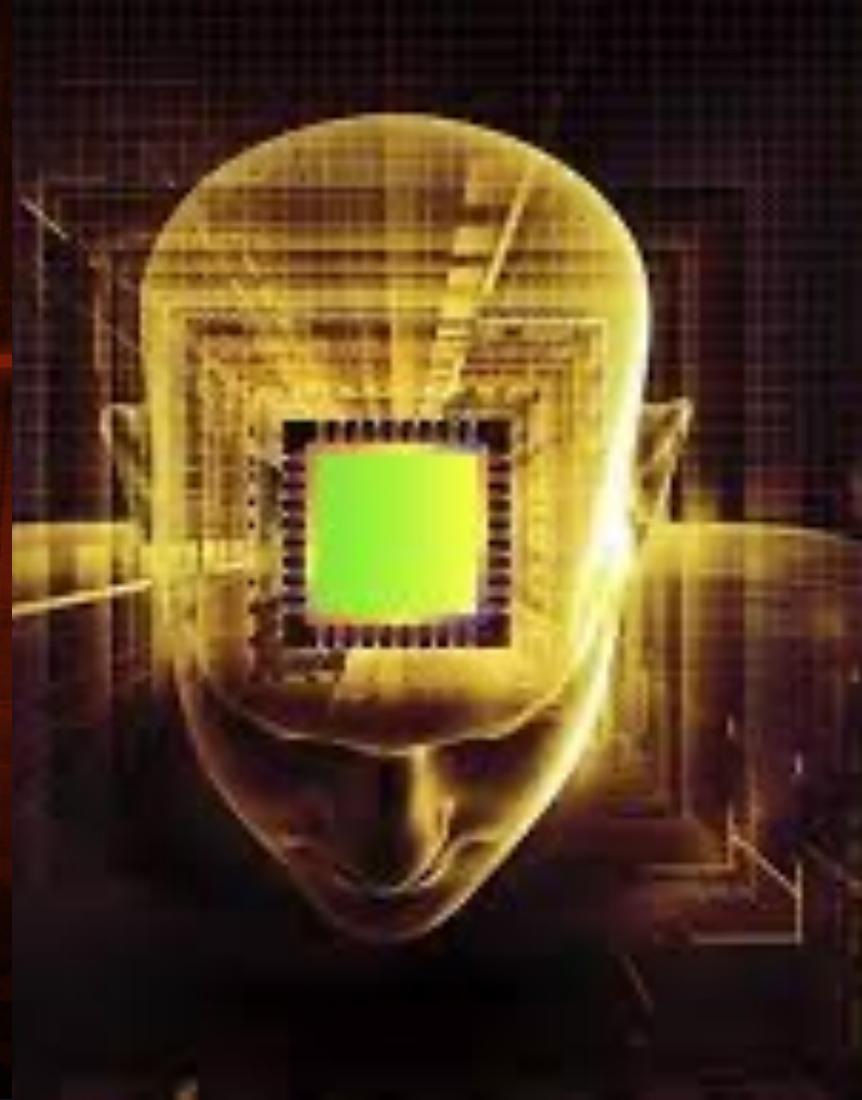
- **6** Now it came to pass, when men began to multiply on the face of the earth, **and daughters were born to them,** ² that the sons of God saw the daughters of men, that they *were* beautiful; and they took wives for themselves of all whom they chose.

Technologies were introduced by the Fallen Angels to Mankind, such that Mankind begins to worship them. This is being repeated now, where Mankind is leading towards the god of Sciences and not the God of Creation.



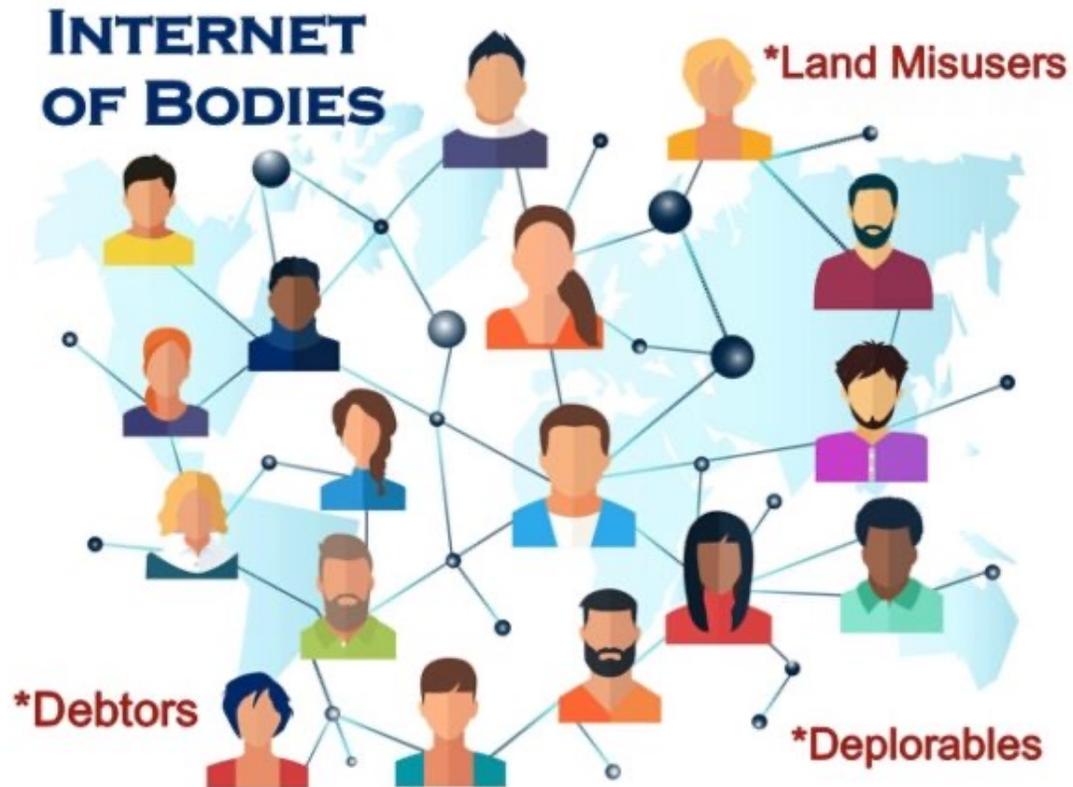
Days of Noah

- “But as the days of Noah *were*, so also will the coming of the Son of Man be. ³⁸ For as in the days before the flood, they were eating and drinking, marrying and giving in marriage, until the day that Noah entered the ark,” – **Matt 24:37-38**
- “And as it was in the **days** of **Noah**, so it will be also in the **days** of the Son of Man:” – **Luke 17:26**
- “²⁸ And even as they **did not like to retain God in *their* knowledge**, God gave them over to a debased mind, to do those things which are not fitting; ²⁹ being filled with all unrighteousness, sexual immorality, wickedness, covetousness, maliciousness; full of envy, murder, strife, deceit, evil-mindedness; *they are* whisperers, ³⁰ backbiters, haters of God, violent, proud, boasters, inventors of evil things, disobedient to parents,” – **Romans 1:28-30**

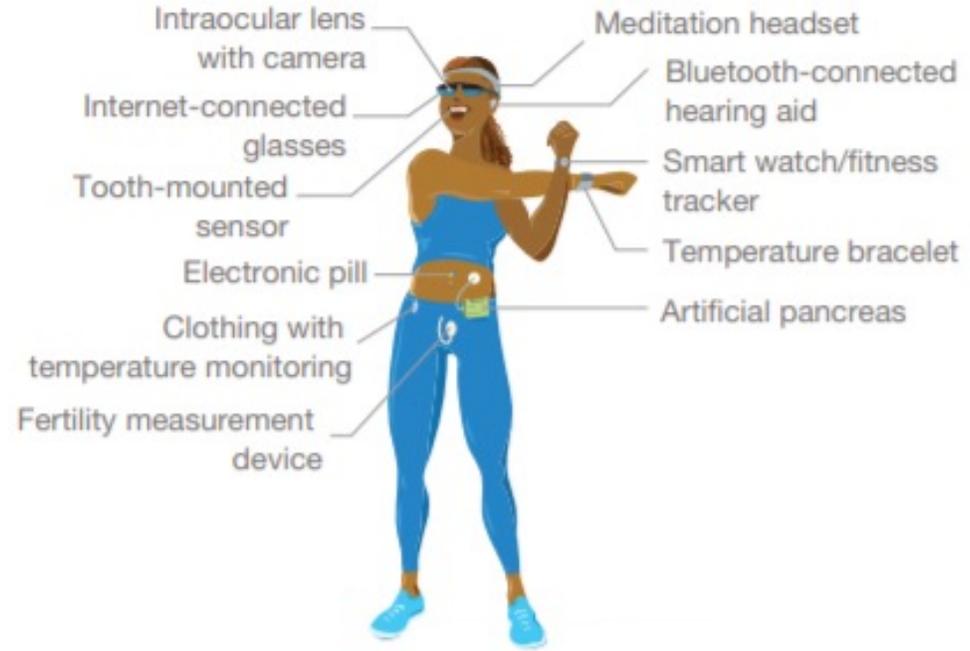
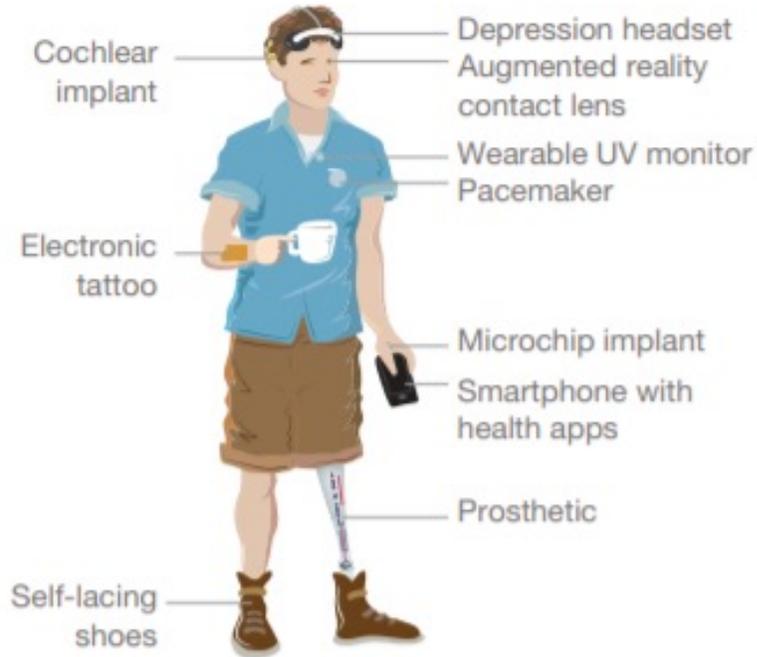


More than You can BE

Internet of Body Different from Internet of Things



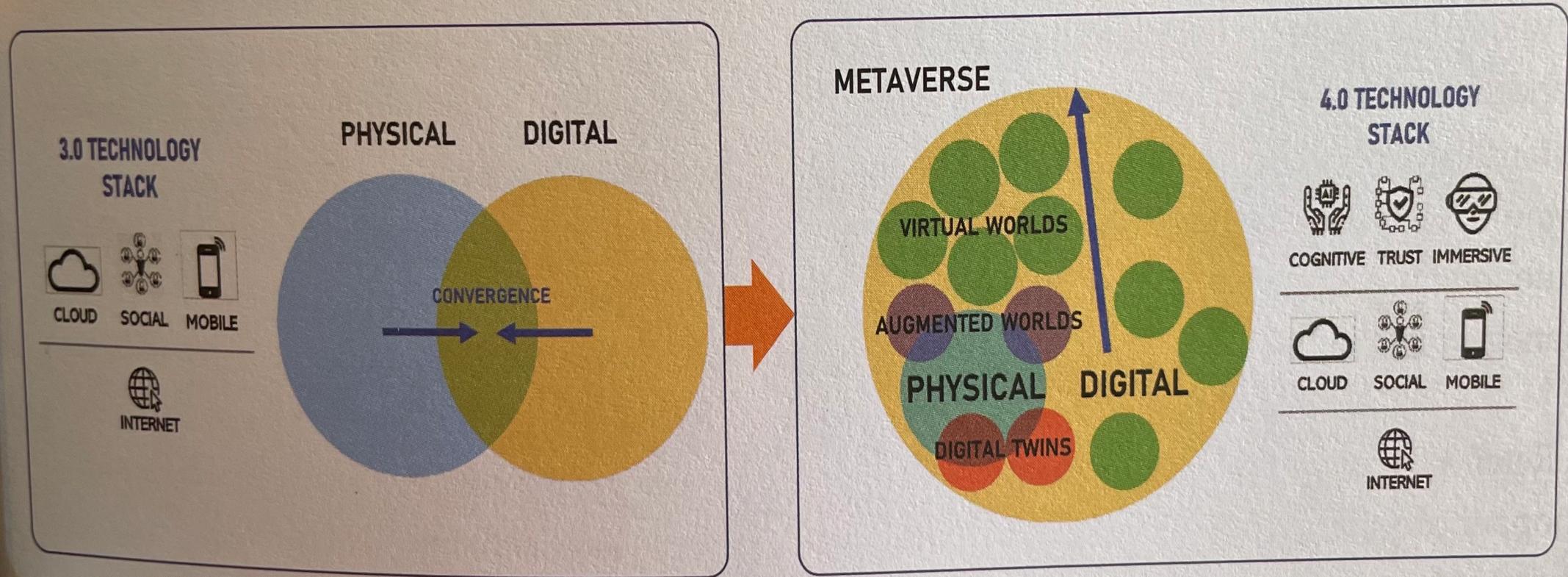
IoB Examples



The Latest copy of the SID Directors Bulletin

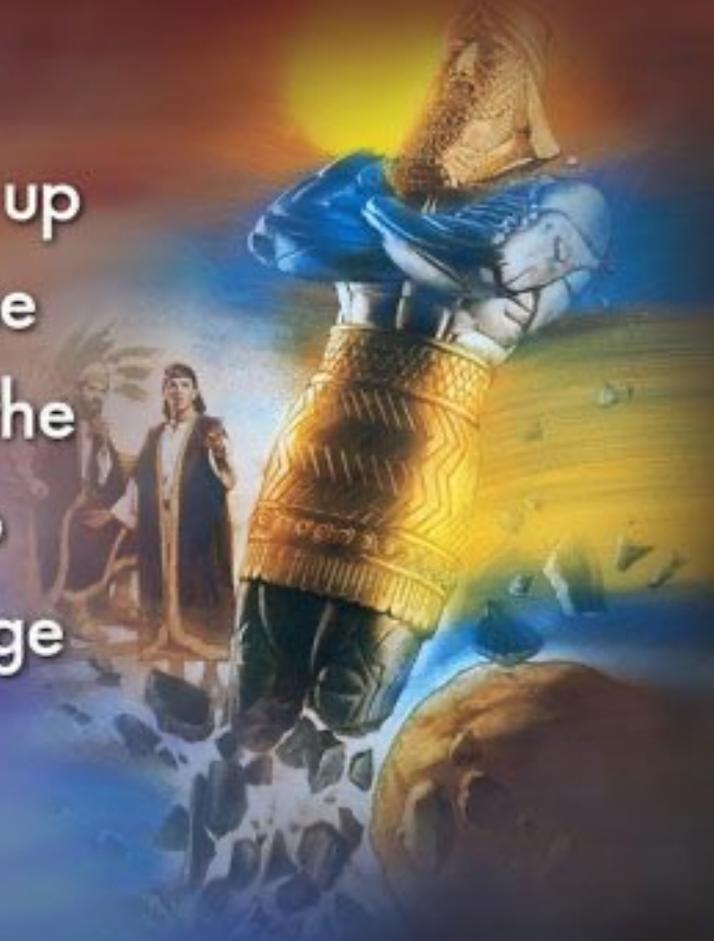
Charlie Ang – Principal, Future-Ready & Tech Partnership, SPH Tech @ Singapore Press Holdings

A Material World, No Longer



Daniel 12:4

“But you, Daniel, shut up the words, and seal the book until the time of the end; many shall run to and fro, and knowledge shall increase.”



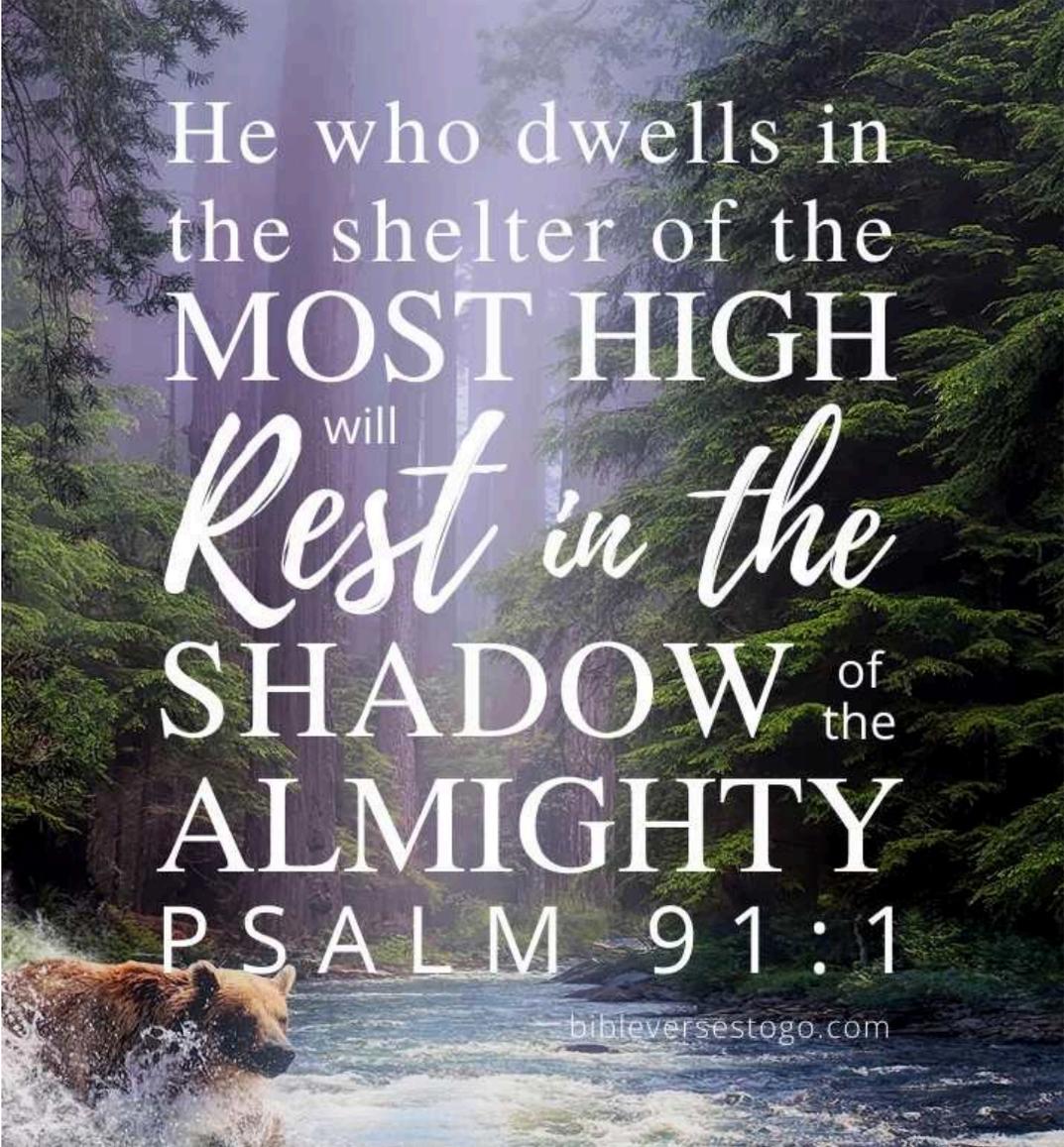
SUIT UP IN THE FULL ARMOR OF GOD

The Sword of the
Spirit, Shield of
Faith, Breastplate
of Righteousness
Helmet of Salvation
Belt of Truth
Boots of Peace

EPHESIANS 6



What Can We Do – Put on the Armor of God

A brown bear is swimming in a river, splashing water. The background is a dense forest of tall evergreen trees.

He who dwells in
the shelter of the
MOST HIGH

Rest in the
SHADOW of the
ALMIGHTY

PSALM 91:1

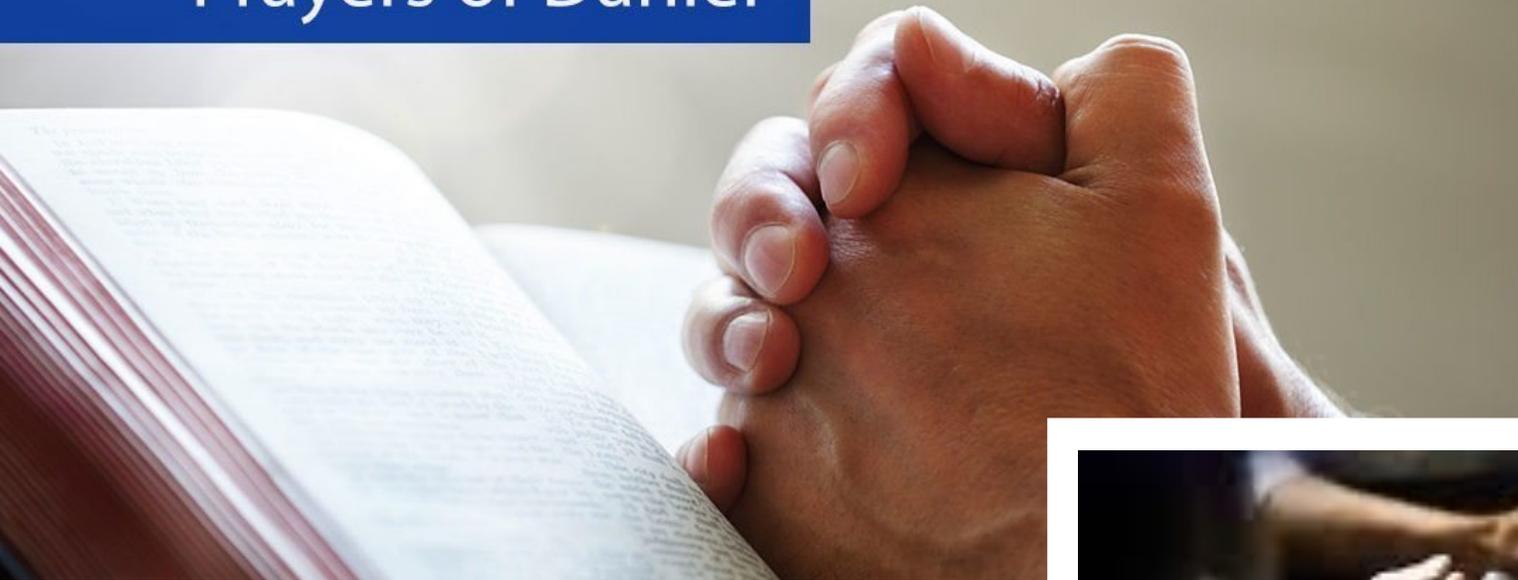
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A sunlit forest path with tall trees and dappled light on the ground.

FOR HE WILL PUT HIS
ANGELS
IN CHARGE OF YOU, TO
GUARD
YOU IN ALL YOUR WAYS
PSALM 91:11

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The Powerful Prayers of Daniel



Pray for Souls into
the Kingdom of
GOD



For where two or three
are gathered together
in My name, I am there
in the midst of them.

Matthew 18:20

